

Return to Play COVID-19 Safety plan for the Kitimat Dynamics Gymnastics Club

In compliance with GBC mandates, we the Kitimat Dynamics Gymnastics Club, have prepared our COVID-19 SAFETY plan. We have adapted our plan directly from the Gymnastics BC's recommendations and requirements and upon approval of the board we will execute the following action to reopen our club.

In accordance with the laid out plan by Gymnastics B.C., KDGC will commit to the following measures in order to promote a safe reopening for both staff, and athlete.

The Club (Board of Directors, Office, and Coach staff) will commit to:

- Provide necessary items in creating a socially distanced safety zone; tape, cleaning products, any appliances required ie Steam Cleaner for the floor, hand sanitizer, soap, masks for employees, masks for athletes, gloves
- Provide the Daily Screen Checklist to each parent and maintain records
- Provide the Athlete's declaration to each attending athlete and maintain records
- Provide the athletes with individual chalk bags and storage on site
- Provide a visual map of flow of traffic to parents and athletes and keep it in an easy to access location
- Provide a hard copy cleaning log that can be monitored throughout the day
- Provide additional hours to staff in regards to cleaning and sanitizing
- Provide transparency to the parents in our operations through open communication
- Regular club responsibilities
- Supply and maintain a visual aid in the flow of traffic inside of the facility
- Follow the GBC's Return to Play policies and guidelines
- Provide a water station in the form of individually sealed, single use water bottles for purposes of refilling athlete's water.
- Appoint a COVID-19 representative; who will handle all outbreaks, or questions

The coach commits to:

- Educate athletes as to the flow of traffic in the building
- Educate athletes to the hand washing stations and requirements; Hand sanitizing/washing prior to each use of equipment
- Educate athletes to ensure safety measures including the 2m rule are understood
- Maintain 2m distance between self and athletes, will not engage in spotting unless to avoid injury taking place during the performed skill. Masks MUST be worn if coach is closer than 2m to another person.
- Regular coaching responsibilities
- Comply with the GBC Return to Play policies and guidelines; rule of 2, no congregating in break rooms, reusable water bottles, etc.

The office commits to:

- Provide open, concise and transparent communication between board, employees and parents
- Adhere to the Office Return to Play document
- Manage the printing and installment of all GBC posters, as required by GBC
- Maintain the MSDS for all cleaning products on hand
- Assist in the cleaning of facility
- Provide a clean and safe environment for public access, by appointment, in the office
- Comply with GBC's Return to Play policies and guidelines

In co-operation with ViaSport and Gymnastics B.C. guidelines these commitments may alter and or change over the course of time in order to adhere to any new requirements.

The Kitimat Dynamics Gymnastics Club Board of Directors agrees to uphold these commitments, as shown by our President's signature on behalf of the board.

ERIN BAKER EBaker June 12/20
President's Name Signature Date

Angela Pitzel Angela Pitzel June 12/20
Head Coach's Name Signature Date

Michelle Popp M Popp June 12, 2020
Office Manager's Name Signature Date